

## STUDY ABROAD GOALS FORM

**Study Abroad** involves a commitment not only to the international experience, but to specific and individual learning goals that you will achieve through your experience. This requires you to assess your goals and priorities for study abroad in advance, establish a plan to achieve those goals, measure progress, and evaluate results.

Please identify at least three goals you have for your study abroad experience, and for each goal, list two action steps you will take to help you achieve these goals. We realize that these may change, but believe it is important to not only set goals, but also begin to understand how you will accomplish the goals. You may draw from the Potential Goals for Study Abroad list, or develop your own goals.

### Potential Goals for Study Abroad

Develop/enhance my cognitive skills (problem solving, analytic ability); Participate in experiences outside of coursework that will assist with my career development; Enhance my interpersonal, communication and relationship skills; Increase my tolerance for ambiguity and adaptability; Develop/increase my inter/cross-cultural competency (ability to work well in different cultures and with people from different backgrounds); Increase my self-confidence, self-reliance and independence; Increase my foreign language proficiency; Gain another perspective on American culture; Broaden my knowledge of a specific culture/geography; Gain a deeper understanding of global issues and interconnectedness; Gain a deeper understanding of my own culture and identity

**Study Abroad Goals** (Please use this form to type in your goals for study abroad. Be sure to include your name and the program/term you are applying for)

Name: \_\_\_\_\_

Program & Term Applying For: \_\_\_\_\_

### Goal 1:

Action Step 1a

Action Step 1b

### Goal 2:

Action Step 2a

Action Step 2b

### Goal 3:

Action Step 3a

Action Step 3b