

Local Counseling Agencies

The following is a list of local counseling agencies in the York, PA area. It is important to contact your insurance company to ensure the provider accepts your health insurance. Some agencies use a "sliding scale fee" if you're out of network with them, which means the fee you pay is determined by your income.

Information provided by: York College Counseling Services – 717-815-6437

Counseling Agencies

Arrow Counseling Services www.arrowcounselingservices.com 1427 East Market St., York, PA 17403	717-755-0011
Behavioral Healthcare Consultants www.bhclanc.com 2550 Kingston Road, Suite 211/213, York, PA 17402	717-755-5736
Catholic Charities www.cchbg.org 253 East Market Street York, PA 17403	717-845-2696
D.K. Watkins & Associates 6 Wynntre Brooke Drive, York, PA 17403	717-741-0661
Dr. Elaine Lovelace & Associates drlovelaceandassociates.com 3206 East Market Street, York, PA 17402	717-751-6851
Elizabeth S. Revell, PhD, Psychologist 1120 Range Road, York PA 17406	717-840-1356
Innovative Counseling Services www.emdrcoach.com 228 Broadway Street, Hanover, PA 17331	888-821-2935
Pennsylvania Counseling Services www.pacounseling.com 26 Mount Zion Road, York, PA 17402 301 West Philadelphia Street, York, PA 17401	1-855-272-1653 717-840-0984 717-848-6116
Pressley Ridge www.pressleyridge.org 141 East Market Street, York, PA 17401	1-800-723-7005
Rost and Associates rostandassociates.com 807 South George Street, York, PA 17403 822 Marietta Avenue, Suite 24, Lancaster, PA 17603	717-843-6561 717-392-8077
Susquehanna Valley Community Mental Health Services www.svcmts.org/home 2709 South Queen Street, Suite 1, York, PA 17403	717-739-6576
T. W. Ponessa & Associates www.twponessa.com 2845 Eastern Blvd., York, PA 17402 239 West Philadelphia St., York, PA 17401	717-840-6444 717-845-2425
True North Wellness www.truenorthwellness.org 625 W. Elm Ave. Hanover, PA 17331 1195 Roosevelt Ave. York, PA 17404 73 E. Forrest Ave. Suite 340 Box 12, Shrewsbury, PA 17361	717-632-4900 717-843-0800 717-235-0199
Yorlan Psychological Associates yorlanpsych.com 3601 Concord Road, York, PA 17402	717-885-0503
Yorktowne Psychological & Addiction Services 220 East King Street, York, PA 17403	717-843-4357

Eating Disorders

Penn State Eating Disorders Program at Hershey Medical Center-Outpatient Clinic Briarcrest Office Bldg, 905 W. Governor Rd., Suite 250, Hershey, PA 17033	717-531-2099
Rost and Associates rostandassociates.com 807 South George Street, York, PA 17403 822 Marietta Avenue, Suite 24, Lancaster, PA 17603	717-843-6561 717-392-8077
Eating Recovery Center https://www.eatingrecoverycenter.com/recovery-centers/baltimore 6501 North Charles Street, Towson, MD 21204	877-711-1878
The Renfrew Center (Philadelphia, Yardley, Bryn Mawr, PA and Baltimore, MD) renfrewcenter.com	800-736-3739

Grief Education	
Olivia's House www.oliviashouse.org 830 South George Street, York, PA 17403 101 Baltimore Street, Hanover, PA 17331	717-699-1133 717-698-3586
Pathways Center for Grief and Loss www.hospiceandcommunitycare.org/grief-and-loss <i>Free grief support in person and online</i> 235 St. Charles Way, Suite 250, York, PA 17402	717-885-0347
Hotlines	
National Suicide Prevention Lifeline www.suicidepreventionlifeline.org <i>Immediate assistance to individuals in suicidal crisis</i>	800-273-8255
PA 2-1-1 (Information and Referral Line) www.unitedway-york.org/first-pa-211 United Way Building, 800 East King Street, York, PA 17403	717-755-1000 2-1-1
Inpatient Mental Health	
YORK HOSPITAL – WELLSPAN BEHAVIORAL HEALTH, Crisis Intervention 1001 South George Street, York, PA 17405	717-851-5320 (Emergency #)
Sexual Health	
Human Life Services - Pregnancy support 742 South George Street, York, PA 17403	717-846-2384
Planned Parenthood, York Health Center www.plannedparenthood.org/planned-parenthood-keystone 728 South Beaver Street, York, PA 17403	717-845-9681
York City Bureau of Health - Free STD and AIDS testing Albert S. Weyer Health Center, 435 W. Philadelphia St., York PA 17401	717-849-2299
Substance Use	
Alcoholics Anonymous (12 step support for those desiring recovery) www.aa.org	717-854-4617
AL-ANON (12 step support for loved ones of someone using) www.pa-al-anon.org	866-711-3359
Narcotics Anonymous (12 step support for those desiring recovery) www.na.org	717-848-9988
NAR-ANON (12 step support for loved ones of someone using) www.nar-anon.org	800-477-6291
Susquehanna Valley Community Mental Health Services www.svcmts.org/home 2709 South Queen Street, Suite 1, York, PA 17403	717-739-6576
T. W. Ponessa & Associates www.twponessa.com 2845 Eastern Blvd., York, PA 17402 239 West Philadelphia St., York, PA 17401	717-840-6444 717-845-2425
Wellspan Behavioral Health – York Hospital Outpatient – Edgar Square	717-851-1500
White Deer Run of York whitedeerrun.crchealth.com 106 Davies Dr., York, PA 17402	717-840-2308 800-797-6237
Yorktowne Psychological & Addictions Service 220 E. King Street, York, PA 17403	717-843-4357
Victim/Survivor Services	
ACCESS-York – Support for domestic violence and finding a safe shelter www.ywcayork.org 320 East Market Street, York, PA 17401	717-846-5400 800-262-8444
Turning Point Women's Counseling and Advocacy turningpointwomen.org 2315 N. Susquehanna Trail, Suite D, York, PA 17404	717-755-TURN (8876)
Victim Assistance Center – Free support for domestic violence, sexual assault, and trafficking 320 East Market Street, York, PA 17401	717-854-3131 717-846-5400