York College

LIFELONG LEARNING INITIATIVE

Discover What's Next.





WINTER 2027 CATALOG

January 11-February 26

Registration Opens

Members: December 7, 8 a.m.
Nonmembers: December 21, 12 p.m.

ycp.edu/LLI ▪ LLI@ycp.edu ▪ 717.815.1543

YORK COLLEGE OF PENNSYLVANIA
CENTER FOR COMMUNITY ENGAGEMENT
LIFELONG LEARNING INITIATIVE

OFFICE INFORMATION

The LLI staff is available Monday through Friday, from 8:00 a.m. to 4:30 p.m. To ensure we can provide you with our full attention, please call or email ahead to schedule an appointment before visiting in person. This helps prevent any scheduling conflicts with ongoing meetings.

JENNIFER GEUBTNER-MAY
Director
jgeubtnermay@ycp.edu
717-815-1541

ANN KREPPS
Administrative Assistant
akrepps@ycp.edu
717-815-1543

KELLY NEVIN LILLIE
Education Manager
knevinlillie@ycp.edu
717-815-1534

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ABOUT YORK COLLEGE LIFELONG LEARNING INITIATIVE (YC-LLI)

MISSION STATEMENT

The York College Lifelong Learning Initiative (YC-LLI) is a vibrant, member-driven community that creates opportunities for lifelong learning, intergenerational engagement, service, and connection. Through the active involvement of York College leadership, faculty, staff, and community partners, YC-LLI cultivates a welcoming environment where adults can share their knowledge, explore new ideas, and contribute meaningfully to the greater York community.

VISION STATEMENT

YC-LLI aspires to be a transformational lifelong learning community in York County, where adults come together to learn, serve, and connect across generations. Through meaningful partnerships with York College faculty, students, and community organizations, we support York College's Center for Community Engagement mission to serve as a bridge between the College and the surrounding community. By fostering intellectual curiosity, civic engagement, and lifelong discovery, we strengthen both individual lives and the greater York community.

MEMBERSHIP AND COURSE INFORMATION

MEMBERSHIP COST

Annual membership is $50 for the first year, made possible in part by support from the York County Community Foundation. After May 14, 2027, membership cost will be $65 per year.

COURSE FEES

	Member	Nonmember
1 Session:	$8	$20
2 Sessions:	$16	$40
3 Sessions:	$24	$60
4 Sessions:	$32	$80
5 Sessions:	$40	$100

Movie courses with multiple sessions may be discounted when registering for multiple movies. See specific movies in Courses section.

MAIL-IN REGISTRATION

Complete the registration form found on the inside back cover and return to York College Lifelong Learning Initiative, 441 Country Club Rd, York, PA 17403.

If you have difficulty registering, please contact the YC-LLI office at lli@ycp.edu or call 717-815-1543.



ONLINE REGISTRATION

- To begin, create an account and log in to start the registration process by visiting our website: **www.ycp.edu/register/YCPLLI**
- Click "New User? Start Here" at the top right side of the page.
- Fill in the requested information and click "Submit" at the bottom of the page.
- Your account is ready. Log in. (After creating your account, you will have the option of adding additional contacts to your account.)
- After logging in, click "Membership" at the top of the page to purchase a YC-LLI membership. (Membership is optional; however, members receive lower course fees and exclusive access to local tours.)
- Select the Annual Membership and complete the payment process to become a member.
- You may now register for courses as a member by clicking "Search" at the top of the page. Scroll through the course options or use the search fields on the left to narrow the results.
- Don't forget to register for Clubs! They're free, but registration is required. Because Clubs repeat, you may see a conflict message with another course. If you'd still like to take both, simply confirm and proceed.
- To register as a nonmember, skip the membership purchase and click "Search" to find your courses.
- After you have chosen all your courses, click the shopping cart at the top of the page. Scroll down and check the box to agree to the Terms of Use then click Continue. Enter your payment information and click the green "Place Order" button at the bottom of the page. Your registration is now complete.

Note: You will receive two separate email confirmations: one for your membership and another for your course registration.

If you have difficulty registering, please contact the YC-LLI office at lli@ycp.edu or call 717-815-1543.

YORK SYMPHONY ORCHESTRA

2026-27 SEASON

26-27 CLASSICAL SERIES

BEETHOVEN'S FIFTH
Saturday, October 3, 2026

BEETHOVEN & DRACULA
Saturday, October 24, 2026

BEETHOVEN'S HEROES
Saturday, February 20, 2027

BEETHOVEN & BIG DREAMS
Saturday, March 13, 2027

BEETHOVEN'S TRIPLE CONCERTO
Saturday, April 24, 2027

BEETHOVEN'S NINTH A LEGACY OF JOY
Saturday, May 15, 2027

26-27 POPS SERIES

HOLIDAY POPS SPECTACULAR
Saturday, November 28, 2026

JOHN WILLIAMS' 95TH BIRTHDAY!
Saturday, January 23, 2027

STAR WARS: A NEW HOPE IN CONCERT
FILM WITH LIVE ORCHESTRA
Saturday, April 3, 2027

Tickets Starting at $13

Order Your Tickets Today!
Your Seats Await at the Appell Center

717-846-1111 | YorkSymphony.org

COURSE POLICIES

CONFIRMATION & COMMUNICATION

Participants will receive a confirmation email after registration and payment are processed. For in-person courses and tours, a reminder containing logistical details will be emailed one week prior to the event. For online learning, access links will be emailed 24 hours in advance of the first session.

CANCELLATION & REFUND POLICY

Courses and Local Tours: Credits are issued for registrations canceled at least one week prior to the course start date. For multi-session courses, participants must withdraw from the full course to receive credit; partial withdrawals are not permitted.

Refunds: All unused credits will be automatically refunded at the end of the semester via the original payment method.

WAITLIST INFORMATION

Please report withdrawals immediately to accommodate those on the waitlist. If a seat opens, we will contact the first person on the list via email. **Note:** You have 48 hours to accept an offer before the spot is released to the next member.

COURSE SITES

In-Person: Most courses will be held at York College, West Campus Community Center, Alumni Hall (Room 100). In the event of a location change, registered participants will be notified via email at the earliest opportunity. We recommend monitoring your email regularly for the most up-to-date course information.

Online: Links are emailed to participants one day prior to the course start date.

SICKNESS POLICY

To help keep our community healthy, please do not attend in-person courses or events if you are experiencing symptoms such as an active cold or cough.

WEATHER POLICY

In the event of severe weather, please check the **York College website (ycp.edu)** or the **Lifelong Learning Initiative at York College Facebook page.** If York College shifts to remote operations, all LLI courses will be canceled for the day. In the case of a delay, registrants will receive an email by 11:00 a.m. indicating whether the afternoon courses will be held. Participants without email will receive a phone call from the LLI office.

CREATING A GREAT CLASSROOM EXPERIENCE

- Help us stay focused by silencing mobile devices.
- Arriving a few minutes early ensures you don't miss any of the introduction!
- Thank you for helping us foster an environment where every opinion is valued.
- We want to ensure everyone can participate fully; please alert a Course Assistant if you need any adjustments for sight or sound.
- Taking care of yourself (and our community) means staying home when you're sick.
- To ensure a comfortable space for everyone, please keep our classrooms fragrance-free.

DIRECTIONS AND PARKING

The YC-LLI is located on the west campus of York College. Our office and classroom are located on the ground level of the West Campus Community Center. **Do not** put 441 Country Club Rd. in your GPS, as it will direct you to York College's main campus. Instead, enter "**Little Run Lodge**," which is attached to the West Campus Community Center.

GETTING HERE

Campus Entrances

Follow the yellow arrows on the map for access from:

- Country Club Rd. onto Reade Ave.
- Richland Ave. onto West Campus Dr.

West Campus Community Center (Star)

Follow the black arrows on the map from the parking lots to our building entrance.

PARKING GUIDE

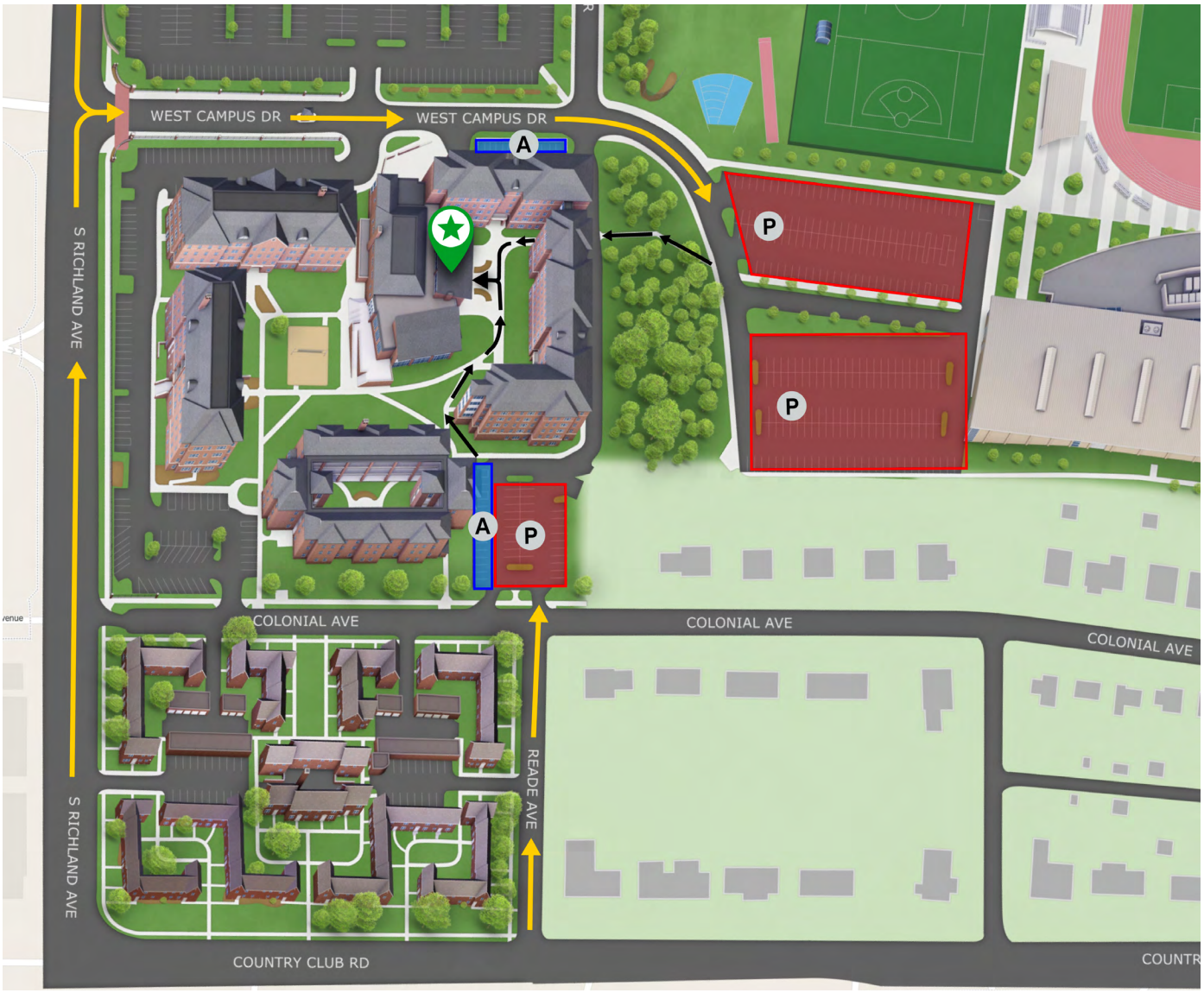
LLI Parking (P)

Look for the red lots on the map. An LLI parking permit is required.

ADA-Accessible Parking (A)

Look for the blue lots on the map. A state-issued handicap placard is required.

MAP



COURSES

MONDAY COURSES

The Internet: Why, What, and How?

Date: Monday, January 11
Time: 11:00 a.m.-12:30 p.m..
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructors: Jim Staub

Have you ever wondered how the internet works? Why and how it came into existence? This course explains how the internet as we know it today evolved from telephone lines and modems, to how it functions to support things like webpages, online banking, Facebook, online searching, email, etc. How does it recover if parts of it fail? What are the strengths and weaknesses? And where is it heading? No technical background is needed!

Hollywood Movie Classics: *Rope* (1948) CC

Date: Monday, January 11
Time: 1:00-3:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Rich Santel

Directed by Alfred Hitchcock, *Rope* is an experimental psychological crime thriller about two young men who commit a murder as an intellectual exercise and host a dinner party around the victim's hidden body. This movie has closed captions.

Gender and Communication

Dates: Monday, January 25
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Mika Troutman

Communication between genders has always been tricky business, especially in the workplace and in relationships. For instance, are males or females more likely to interrupt? Why are females often accused of nagging, and why is it the result of males' need for status? These questions and more will be answered in this lively discussion-centered course. Research studies and more mainstream articles and book excerpts, including John Gray's *Men Are from Mars, Women Are from Venus*, and Deborah Tannen's *You Just Don't Understand: Women and Men in Conversation*, will be shared.

Hollywood Movie Classics: *Kind Hearts and Coronets* (1949)

Date: Monday, January 25
Time: 1:00 p.m.-3:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Rich Santel

Kind Hearts and Coronets is a British black comedy film about an impoverished commoner who systematically murders eight aristocratic relatives standing between him and a family dukedom. This movie does not have closed captions.

FOLLOW US ON FACEBOOK

Follow our Facebook page, **Lifelong Learning Initiative at York College,** to stay in the loop!

Become a Course Assistant!

Date: Monday, February 1
Time: 11:00 a.m.-12:00 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: Free, but registration is required
Instructors: Lisa Gunnet and Barb Trout
Being a Course Assistant is a fun, great way to volunteer at LLI. Learn the easy steps in this course to be a part of the learning experience.

Hollywood Movie Classics: *Detective Story* (1951) CC

Date: Monday, February 1
Time: 1:00-3:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Rich Santel
Detective Story is a classic film noir directed by William Wyler and starring Kirk Douglas that chronicles a single eventful day inside a New York City police precinct squad room. This movie has closed captions.

McGrath's Legacy Book Club: *Project Hail Mary* by Andy Weir

Date: Monday, February 15
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Alice Lynch
Project Hail Mary: Ryland Grace, a middle-school science teacher who wakes alone on a spacecraft with no memory of how he got there. As his memories return, he discovers he is humanity's last hope against an alien microorganism that is dimming the sun and threatening life on Earth. Grace races to solve the crisis before time runs out. A book discussion will be held. Participation is encouraged but not required.

Hollywood Movie Classics: *Love Me or Leave Me* (1955) CC

Date: Monday, February 15
Time: 1:00-3:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Rich Santel
Love Me or Leave Me is an American biographical romantic musical drama that fictionalizes the life of 1920s jazz singer Ruth Etting (Doris Day) and her turbulent relationship with gangster Marty Snyder (James Cagney). This movie has closed captions.

Meditation 101: A Simplistic Approach

Date: Monday, February 22
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Jim Staub
Have you ever wondered what "meditation" is? Have you ever tried to "meditate", found it difficult to stay focused, and gave up after a few attempts? Or maybe you have not tried it? Then this course is for you! We will examine the major "official" types of meditation, discuss the benefits, discover how it affects your brain and mind, and examine how to approach meditation as a simplistic method for slowing down "monkey mind" thoughts, without sitting on the floor in a lotus posture!

Hollywood Movie Classics: *The Damned Don't Cry* (1950) CC

Date: Monday, February 22
Time: 1:00 p.m.-3:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Rich Santel
The Damned Don't Cry is a film noir crime drama directed by Vincent Sherman and starring Joan Crawford as an oppressed housewife who transforms into an ambitious social climber in the mob underworld. This movie has closed captions.

TUESDAY COURSES

Setting and Sticking to Your Goals

Date: Tuesday, January 12
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Zach Detwiler

Whether your goal is to move more, eat better, travel, learn something new, or simply feel your best in the new year, this course will give you the tools to set meaningful goals and actually stick to them. Drawing on behavior science and more than 14 years of coaching experience, instructor Zach Detwiler will walk you through why we struggle with goals, how to clarify your "why", and how to build simple habits and systems that create lasting change. Perfect for anyone ready to make 2027 the year they follow through.

Variety Pack: Happy Films for Winter Days - *About Time* (2013) CC

Date: Tuesday, January 12
Time: 1:00-3:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Chris Staats

About Time is a British romantic comedy-drama written and directed by Richard Curtis that explores family, love, and living in the present through the premise of time travel. This film has closed captions.



McGrath's Legacy Book Club: *Theo of Golden* by Allen Levi

Date: Tuesday, January 19
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Alice Lynch

This is a story of giving and receiving, of seeing and being seen. *Theo of Golden* is a beautifully crafted novel about the power of creative generosity, the importance of wonder to a purposeful life, and the invisible threads of kindness that bind us to one another. Perfect for an after-Christmas read! A book discussion will be held. Participation is encouraged but not required.

Special Request Film - *The Two Towers: Lord of the Rings Part 2* (2002) CC

Date: Tuesday, January 19
Time: 1:00-5:00 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $15 member/$27 nonmember
Instructor: Chris Staats

This is the second film in the *Lord of the Rings Trilogy*. The broken Fellowship split into two separate paths. Frodo and Sam journey to Mordor to destroy the One Ring. Aragorn, Legolas, and Gimli track down a band of orcs who captured Merry and Pippin, leading them to the kingdom of Rohan and the iconic Battle of Helm's Deep. This film is 3 hours and 42 minutes and has closed captions. We will take a lunch break in the middle. Course fee includes pizza.

How to Identify Rocks and Minerals

Dates: Tuesday, January 26
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Jeri Jones
Everyone picks up a rock from either their favorite location or vacation spot, but do they know what it is? This course will provide information on how to identify a rock or mineral using easy physical tests that can be performed at home.

Variety Pack: Happy Films for Winter Days - *Chef* (2014) CC

Date: Tuesday, January 26
Time: 1:00-3:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Chris Staats
Chef is a comedy-drama film written, produced, and directed by Jon Favreau, who also stars as the main character, Chef Carl Casper. This film has closed captions.

Major Thomas Boude, Steven Smith, and Roots of the Underground Railroad

Dates: Tuesday, February 2
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Randy Harris
Social and political movements and great upheavals such as war are often created by a spontaneous uprising or a violent act. Such is the case of one of the earliest origin stories about where and how the Underground Railroad Movement began. The Thomas Boude and Stephen Smith incident of 1804 in Columbia, Lancaster County, PA, is one such event. This single-session course will explore this event in context with the often vague and misunderstood nature of the Underground Railroad, which has been characterized as America's first civil rights movement.

Roles and Functions of the Federal Reserve

Dates: Tuesday, February 2
Time: 1:00-2:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmembers
Instructor: Ryotaro Tashiro
Ryo Tashiro, an economist from the Federal Reserve, will give an overview of the Federal Reserve System and its role in the economy. We will further explore monetary policy—what it is, its objectives, and how it is conducted. The lecture will include discussions on the recent developments in the economy.

Court-Appointed Special Advocates: Helping Children in the Dependency System

Date: Tuesday, February 2
Time: 3:00-4:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: Free, but registration is required.
Instructor: Danielle Franz
The course introduces participants to the vital role of Court Appointed Special Advocates (CASA) in supporting children who have experienced abuse or neglect and are involved in the child welfare and court systems. Participants will explore the responsibilities of a CASA volunteer as the eyes and ears of the court. An overview of the program's 40-year history and mission will be shared through stories, videos, and interactive activities. A brief overview of a Dependency case and the system will be provided.

LANYARDS

Please help us build our community by wearing your LLI lanyard and nametag to all our events!

York County Area Agency on Aging Services

Date: Tuesday, February 9
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Megan Craley and Lauren Little
The York County Area Agency on Aging is a county government organization that offers services to York County 60+ older adults. Learn about the history, funding sources, and services offered by the agency.

Hollywood Movie Classics: *Dancing Lady (1933) CC*

Date: Tuesday, February 9
Time: 1:00-3:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Rich Santel
Dancing Lady is a 1933 pre-Code musical film about an ambitious burlesque dancer (Joan Crawford) who gets her big Broadway break through the help of a wealthy admirer (Franchot Tone) and a demanding director (Clark Gable). This movie has closed captions.

From ... To: The Prepositional Paradox of Legacy and Transition

Date: Tuesday, February 16
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Joseph Cervenak
Every life is shaped by transitions. Too often we define them by what we are leaving, rather than what we are moving toward. This interactive session explores how a simple shift in perspective can clarify purpose, reshape legacy, and reveal new possibilities at every stage of life. Through discussion and practical reflection, participants will discover how distilling what matters most and focusing on what lies ahead can transform change from an ending into a meaningful beginning.

Not Just a Camera: Impressionism to Cubism: Artists Interpret What They See

Date: Tuesday, February 16
Time: 1:00-2:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Ellen Ehlenbeck
"Why are the colors wrong?" "How come it looks so fuzzy?" "Why can't artists just create normal pictures?" If these are your thoughts as you're looking at a piece of modern art, you are not alone! This course is the second in a set of four stand-alone sessions that will help you see the big picture and appreciate modern and contemporary art. In this course, we will trace the progression of modern art movements from Impressionism and Art Nouveau through Cubism, showing how art was greatly influenced by world events and the Industrial Revolution. You will finally gain an understanding of Picasso!

Cognitive Improvement Strategies

Date: Tuesday, February 16
Time: 3:00-4:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Adam Harcourt
We will discuss normal aging and what increases the risk for common neurodegenerative disorders. We will then discuss strategies to help slow or reverse cognitive decline.

HELP SHAPE YC-LLI!

Volunteering is a great way to stay engaged, meet fellow members, support our initiative, and help make YC-LLI the community you want it to be. Check the Volunteer section of the weekly e-newsletter to get involved.

Thomas Cresap, An American Paradox

Date: Tuesday, February 23
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructors: Michael Maloney

Join local author Michael Maloney for a presentation on his book *Rattlesnake Colonel: Thomas Cresap, An American Paradox*, which delves into the controversial life and often misunderstood legacy of Thomas Cresap. From his involvement in the border war between Pennsylvania and Maryland to his contributions on the frontier, Cresap's story is one of lasting impact. Despite his positive contributions, he was not always held in high regard. Pennsylvania labeled him a quarrelsome and lawless ruffian, and the British dismissed him, yet settlers in Western Maryland regarded him as a folk hero.

The Importance of Land Preservation in York County

Date: Tuesday, February 23
Time: 2:00-3:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Sean Kenny

This course covers the importance of protection, conservation, and preservation of varied landscapes across York County, focusing mainly on the efforts of the Farm & Natural Lands Trust (FNLT) of York County. FNLT is a nonprofit organization founded in 1990 dedicated to preservation of critical agricultural and environmental natural resources in our community. FNLT achieves its work through a legally binding perpetual deed restriction called a conservation easement, which places permanent restrictions on private lands.



ONE MORE REASON TO LOVE YC-LLI: $10 LUNCH

Available January through May and September through December when YCP students are in session, LLI members can enjoy an all-you-care-to-eat lunch for just $10 at the West Campus Dining Hall (right above our classroom!)

Details:

- You **must** wear your LLI lanyard to get this exclusive LLI-members-only discount.
- It's a flat fee for the whole buffet plus a drink, no a la carte options.
- **Credit/debit card only**, cash is not accepted.
- Valid for lunch at **West Campus only**

(Check the weekly e-newsletter for dining hall hours, availability, and closures.)

WEDNESDAY COURSES

Google Meet Virtual Course Training

Date: Wednesday, January 6
Time: 1:30-2:15 p.m.
Location: Google Meet (link will be sent by email prior to the course)
Fee: Free, but registration is required
Instructor: York College Technology and LLI staff

YC-LLI plans to offer select online courses, beginning Winter 2027. They will be conducted using Google Meet. If you are interested in attending online courses in the future, please consider taking part in one of our FREE online informational sessions, led by York College Technology and LLI staff. This will be an informal Q&A session to ensure your device is ready to cover the basic functions of Google Meet, so you feel prepared when the time comes to participate in a future online course. You do not need a Gmail account to log in as a participant of an online course. Register for one of the sessions, and a link to participate will be emailed to you prior to the course. Contact Kelly Nevin Lillie (knevinlillie@ycp.edu) with any questions.

The Mind-Body Connection: Understanding Holistic Health

Date: Wednesday, January 13
Time: 9:00-10:30 a.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Kara Lovehart

What does stress have to do with sleep, digestion, pain, energy, mood, and overall well-being? Explore the mind-body connection and discover how the nervous system influences health. We'll demystify holistic approaches including massage, chiropractic care, yoga, breathwork, nutrition, functional wellness, coaching, meditation, somatic practices, acupuncture, Reiki, and energy medicine—what they are, what to expect in a session, and why people use them to support their well-being.

A Short History of the Codorus Valley: 1700s and 1800s

Dates: Wednesday, January 13
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Thomas Yingling

Join us to learn about the Codorus Valley during the 1700s and 1800s, the area between the three main branches of the Codorus Creek in southwestern York County. This area has become a central hub for development in York County and at the same time retains parts of the past. The Codorus Valley was first settled by Germans from the Palatinate region as west of the Susquehanna opened to settlement in the 1730s. The area had some of the earliest roads, the first railroads, and some of York County's earliest churches.

Journey Out of Grief

Dates: Wednesdays, January 13 and 20
Time: 1:00-2:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $16 member/$40 nonmember
Instructor: David Brinker

This course explores the complexities of grief and offers practical steps for recovery. Participants will learn to define grief, examine the myths surrounding it, and understand why it is so frequently misunderstood. Over 40 causes of grief are covered—including both tangible and intangible losses—and the profound ways unresolved grief impacts our daily lives are discussed. Finally, attendees will identify personal sources of grief and learn actionable strategies to relieve the emotional weight they carry.

SPARTAN SPOTLIGHT

Spartan Volunteer Network - Learn How to Get Started!

Date: Wednesday, January 13
Time: 3:00-4:00 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: Free, but registration is required
Instructor: Jessica Kasiga

Join Jessica Kasiga, YCP's Director of Volunteer Engagement, to explore volunteer opportunities at YCP and throughout the community. Learn how to use the Spartan Volunteer Network Portal to find opportunities, sign up to volunteer, and record your service hours. Discover new ways to get involved and make a difference!

The Battle of the Little Bighorn

Dates: Wednesdays, January 20 and 27
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $16 member/$40 nonmember
Instructor: Jeff Kuhn

In this course, we will learn about the events that took place along the Little Bighorn River in June of 1876—the events that led to the climactic battle, the enormous consequences for the Indians of the High Plains, and the life of George Armstrong Custer. Custer led the soldiers of the 7th Cavalry into a poorly executed attack against a massive force of Lakota, Sioux, and Cheyenne warriors. He was outnumbered nearly ten to one. The result was total annihilation of his army. Victory was fleeting, however, for the Indians. Their way of life was coming to a tragic end.

Choose Happiness

Date: Wednesday, January 20
Time: 3:00-4:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Chris Staats

Life is complicated and difficult, yet there are proven methods that could bring happiness into your life. This course will offer strategies from various sources that will bring more happiness into your life. Pick and choose what you want and find ways to feel better about life! Some methods are religious in nature, but many can apply to life in general. So, choose happiness! Find a new way of living.

The History of the Opioid Epidemic in York County and What It Means for the Future

Date: Wednesday, January 27
Time: 1:00-2:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Pam Gay

This course explores the history of York County's opioid epidemic, specifically from 2014 to 2025, when accidental drug deaths grew to be one of the top causes of death in our county; what various changes came about to combat the epidemic; and the multiple entities that have been working together to reverse the trend. It is presented through the experience of York's former elected coroner, who is also a former registered nurse.

SPRING REGISTRATION

Registration will open **February 1 at 8 a.m.** for members and **February 15 at 12 p.m.** for nonmembers.

Overview of the York County Court System

Date: Wednesday, January 27
Time: 3:00-4:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Michael Flannelly

In this course, Michael Flannelly will provide an overview of the various components of our local judicial system.

Journey to Armenia: At The Crossroads of East and West

Date: Wednesday, February 3
Time: 11:00 a.m.-12:30 p.m.
Location: Google Meet (link will be sent by email prior to the course)
Fee: $8 member/$20 nonmember
Instructor: Edward McKinney

Join traveler and storyteller Rev. Ed McKinney for a vivid look at Armenia—an ancient nation shaped by mountains, monasteries, and resilience. Drawing from his 2025 journal and on-site photography, McKinney explores Armenia's deep Christian roots predating Constantine, its Soviet past, and the poignant Armenian Genocide Museum and Memorial. Along the way, he pays tribute to friends like Arpi, Aram, Nara, Gig, and the cooks who embodied Armenia's enduring spirit. Experience village life, art, and renewal at the crossroads of Europe and Asia.

YC-LLI ONLINE ACADEMY

Expand your skills at your own pace with the YC-LLI Online Academy. For a small fee, members can access professional and technical courses like Introduction to Excel, Anatomy of Social Media Content, and Photoshop for Beginners. Check the weekly newsletter for updates!

Scott Mingus and Jim McClure Talk Civil War

Date: Wednesday, February 10
Time: 9:00-10:30 a.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Jim McClure and Scott Mingus

Scott Mingus and Jim McClure have collaborated on four books about York County in the Civil War and on many other projects related to that deadly conflict. In this course, the two historians will have an informal conversation about the war and the impact on York County. They will ask the class to join in the discussion on this conflict that greatly shaped America—and York County.

The Care and Pruning of Trees in a Small Yard

Date: Wednesday, February 10
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Michael Schmotzer

Trees are essential to beautifying your yard and can be a significant investment. This course will review proper planning, planting, and pruning of trees to prevent expensive problems and ensure the health and safety of the trees on your property. We will start with "right plant, right place" and how to get them settled into their new homes. Then we will study tree anatomy to understand when, where, and how to prune so you enhance the tree's natural form and not inadvertently injure it. We will also show and discuss the care and use of pruning tools.

Variety Pack: Happy Films for Winter Days - *Babe* (1995) CC

Date: Wednesday, February 10
Time: 1:00-3:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Chris Staats

Babe is a comedy-drama film about an orphaned piglet who learns to herd sheep with the help of a farm's animal community. This film has closed captions.

The Renaissance Caused Another Reformation

Date: Wednesday, February 17
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructors: Brian Broberg

Throughout its entire history, the Church formed councils and movements to clarify, correct, or reform its doctrine and practice. The Reformation was another in a long line and was caused by the Italian Renaissance. Attend this course to see how, what the results were, and the impact on today's modern era.

The Underground Railroad in York County

Date: Wednesday, February 17
Time: 1:00-2:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructors: Scott Mingus

More than 60 individuals and/or family groups are known to have been involved in operating the Underground Railroad network here in York County from 1810 through the end of the Civil War in 1865. Scott Mingus, the author of two popular books on the Underground Railroad in York County, will discuss some of the leading conductors and the routes they used.

Community Wildlife Safety

Date: Wednesday, February 17
Time: 3:00-4:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Molly Snavely

Raven Ridge Wildlife Center is a nonprofit wildlife rehabilitation center located in Lancaster County. Raven Ridge specializes in caring for injured, orphaned, and abandoned birds of prey, mammals, waterfowl, and adult songbirds. This course provides an in-depth look at wildlife rehabilitation from intake to release. Participants will also learn what to do if they encounter a wild animal in need to keep themselves and the animal as safe as possible as they get it to a licensed wildlife rehabilitator.

SAVE THE DATES

Saturday, March 6: YCP Alumni, the Center for Community Engagement, and LLI will partner for a hike.

Saturday, March 13: LLI will march in the St. Patrick's Day Parade!

April 16 and 17: Spartan Green Service Days at YCP.

Theatre Arts For Everyone (TAFE) and LLI will partner for a seniors-only production of *Guys and Dolls*! Auditions **May 3**; Shows will be held **July 15-18**.

Rain Gardens: Beautiful Gardens that Soak Up Rain Where It Falls

Date: Wednesday, February 24
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Connie and Michael Schmotzer

One of the best ways to deal with stormwater runoff and the pollution it carries is to install a rain garden. Connie and Mike Schmotzer will explain why rain gardens are important and where to site them on your property. Using rain gardens they created on their own property as an example, they will offer general directions on how to plan, construct, and plant a rain garden. (Specific plants are a topic for a separate course).

Variety Pack: Happy Films for Winter Days - *We Bought a Zoo* (2011) CC

Date: Wednesday, February 24
Time: 1:00-3:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Chris Staats

We Bought a Zoo is a biographical comedy-drama film directed by Cameron Crowe and starring Matt Damon as a widowed father who moves his family to a property featuring a run-down zoo. This film has closed captions.



YOUR FEEDBACK MATTERS

Your feedback helps shape YC-LLI! Every course evaluation is read in a timely manner and suggestions are reviewed by the Curriculum Committee and YC-LLI staff as we plan future courses and programs.

We welcome meaningful feedback that can help us improve. Your input helps us continue to make YC-LLI a valuable experience for all members.

THURSDAY COURSES

Google Meet Virtual Course Training

Date: Thursday, January 7
Time: 9:30-10:15 a.m.
Location: Google Meet (link will be sent by email prior to the course)
Fee: Free, but registration is required.
Instructor: York College Technology and LLI staff

YC-LLI plans to offer select online courses, beginning Winter 2027. They will be conducted using Google Meet. If you are interested in attending online courses in the future, please consider taking part in one of our FREE online informational sessions, led by York College Technology and LLI staff. This will be an informal Q&A session to ensure your device is ready to cover the basic functions of Google Meet, so you feel prepared when the time comes to participate in a future online course. You do not need a Gmail account to log in as a participant of an online course. Register for one of the sessions, and a link to participate will be emailed to you prior to the course. Contact Kelly Nevin Lillie (knevinlillie@ycp.edu) with any questions.

Traveling Great Britain and the British Isles: Celebrating Nature and Honoring History

Date: Thursday, January 14
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Elizabeth Alger

Traveling Great Britain and the British Isles is a kaleidoscope of experiences: dolphin watching in the North Sea, savoring scones in a 16th-century tearoom, walking Shetland's treacherous North Sea cliffs, hiking the Scottish Highlands, and visiting some of WWII's most famous sites. With an emphasis on both magnificent natural beauty as well as historical sites and their preservation, this course introduces unique places and experiences, with most being off the beaten path.

My, How She's Changed! The Metamorphosis of Women in Modern Art

Date: Thursday, January 14
Time: 1:00-2:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Ellen Ehlenbeck

"Why can't the artist just paint a nice scene?" "But it doesn't look like her…" "How can something so ugly be art?" If these are your thoughts as you're looking at a piece of modern art, you are not alone! Many people wish they knew more about modern art. This course is the first in a set of four stand-alone sessions that will help you see the big picture and appreciate modern and contemporary art. In this course, we will trace progressive modern art movements by showing how women have been portrayed through history. You will be amazed at how she has changed over the years!

WHAT'S NEW AT YC-LLI?

The **YC-LLI e-newsletter** is your go-to source for the latest updates and opportunities. Each Thursday, you'll find important information about course changes and additions, new or updated Member Ambassador events, Clubs, intergenerational opportunities, and other timely announcements.

Many opportunities will not appear in the catalog, so checking your email every Thursday is the best way to stay informed and make the most of your YC-LLI membership.

Cannabis as Medicine

Date: Thursday, January 21
Time: 9:00-10:30 a.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Livia Baublitz

Explore the history of cannabis as medicine and the science behind the endocannabinoid system, focusing on how cannabis interacts with the body. This course will also cover patient certification and cannabis use, how Pennsylvania's Medical Marijuana Program came into existence, current qualifying conditions recognized under state law, and where cannabis legislation stands today. This course is for educational purposes only and does not constitute medical advice.

300 Years of Columbia History

Date: Thursday, January 21
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee:$8 member/$20 nonmember
Instructor: Mark Stewart

Established in 1726, the Susquehanna River town of Columbia has reflected and embraced all that is uplifting, complex, and controversial about the American experience over the past 300 years. As Wright's Ferry, the town became the gateway to the American interior. Following the Revolution, Columbia vied for selection as the permanent capital of the United States, narrowly losing out to Washington. Once a critical linchpin in the Underground Railroad, Columbia became a hub for transportation, industry, and, most recently, tourism.

Negro League Baseball in York

Date: Thursday, January 21
Time: 1:00-2:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Ted Knorr

This course will discuss the history of York's black baseball from 1890-1953, featuring Hall of Famers Sol White and Josh Gibson, along with local favorites Jake Stephens, Fill Springfield, and Gene Clines. While this presentation will be York-centric, questions on any aspect of Negro League baseball will be welcomed. Be prepared to learn about the other half of Major League Baseball during the 1st half of the 20th century.

The Three Treasures: Taking a Closer Look at Ourselves through the Lens of Qigong

Date: Thursday, February 11
Time: 1:00-2:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Tammy Bray

In the ancient healing art of Qigong, there is a focus on the Three Treasures. These Three Treasures of the body are also referred to as dantians or energy centers, and they govern our physical, emotional, and mental bodies. Learning how to stay connected to them and keep them tuned and vibrating in harmony is of great importance to embodying our whole Self. In this course, you will learn more about The Three Treasures and some practices to keep the whole self vital and healthy via these valuable centers.

FRIDAY COURSES

SPARTAN SPOTLIGHT

Infinite Variety: Shakespeare's Perspectives on Love

Date: Friday, February 12
Time: 11:00 a.m.-12:30 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Dominic DelliCarpini

At Valentine's Day, our thoughts turn to love. Join us for a discussion of the many ways Shakespeare depicted this central human emotion—from inspired moments to tainted trysts, from romantic love to deep friendships, and from young love to autumn romance. Bring your partner!

Fridays with the Maestro: Beethoven's Heroes

Date: Friday, February 19
Time: 12:30-2:00 p.m.
Location: York College West Campus Community Center, Alumni Hall
Fee: $8 member/$20 nonmember
Instructor: Lawrence Golan

Epic adventures await! Beethoven's sole opera, Fidelio, spins a tale that weaves together the transformative strength of love and bravery put to the test. Egmont takes you through a dramatic tale from despair to triumph. The York Symphony and Chorus bring this vivid music to life and shine a light of hope in the darkness. Join Lawrence Golan as he discusses the work to be performed the following night at the Strand Theater.



CLUBS

Explore your interests with member-led clubs. Connect with fellow members outside of class by joining or starting a YC-LLI Club. These groups allow you to gather at self-selected times.

Current Clubs

- Arts and Theatre Enthusiasts (A.T.E.)
- Bocce
- Canasta
- Craft
- Games
- Mahjong
- Not Your Parents' Bridge Club
- Radio Broadcasting
- Radio-Controlled Model Airplanes
- Walking
- Writing

Have an idea for a Club? Just let the LLI office know, the possibilities are endless!
(Active LLI membership is required to join and participate in club activities.)

INSTRUCTOR BIOGRAPHIES

Elizabeth (Liz) Alger is a retired clinical social worker and operations director for WellSpan Health. An interest in World War II led her to visit historically significant sites in England and France and to travel more widely in the United Kingdom. While hiking in the Scottish Highlands, she became close friends with three fellow hikers, all English. These friendships led to extended visits and a wider knowledge of the UK.

Dr. Livia Baublitz is a board-certified physiatrist with nearly 20 years of experience practicing in Lancaster, PA, at RHEMA Medical and Wellness Center and Verdant Health. A physician in PA's Medical Cannabis Program since its inception in 2018, she specializes in musculoskeletal and neurologic conditions, lifestyle medicine, and cannabis therapeutics. A York, PA native, she's passionate about improving patients' quality of life and health span.

Tammy Bray, creator of Qigong 4 Well-Being, has led a vibrant Qigong community for the past three years at the Sattva Center for Meditation and Yoga. She also enjoys supporting people in accessing their divine shine by exploring their inner landscape through Reiki/energy work and interactive playshops. Bray is a strong supporter of all of us playing our part in creating lighter, brighter, and healthier communities.

David Brinker is a Grief Recovery Method specialist who is certified by the Grief Recovery Institute. He recently retired after ten years as the chaplain at Normandie Ridge, a retirement community in the York area. Brinker has offered community seminars and the eight-week in-person Grief Recovery Method educational program since 2021.

Brian Broberg founded and operated an investment management business for 32 years before "redeploying" in April 2026, when he sold his practice. He served as a Captain in the United States Marine Corps after graduating from the U.S. Naval Academy with an engineering degree. He taught classes for OLLI at Penn State York for 15 years and enjoys covering geopolitical and geo-economic topics. Since he redeployed, he has opened a new media company.

Joseph Cervenak is an international consultant, educator, author, and speaker with decades of executive leadership and teaching experience. He has lectured, consulted, and taught throughout Asia and the Caribbean and taught at Elizabethtown College, Penn State, and Philadelphia University. He continues to write, teach, and speak on leadership, personal growth, and navigating change.

Megan Craley is the health and wellness coordinator for the York County Area Agency on Aging. Her role promotes health and wellness for older adults through classes on fall prevention, diabetes, and chronic pain self-management. Craley is an important link to the community by providing information on agency services at health and wellness fairs and presentations. She also serves on the Falls Free Coalition of York County, the Diabetes Coalition of York County, and Dementia Friendly America.

Dr. Dominic DelliCarpini is Naylor Endowed Professor of Writing Studies at York College. He served as Dean of the Center for Community Engagement, Chief Academic Officer, and President of the National Council of Writing Program Administrators. He is an author/editor of seven books and numerous articles and book chapters, many focused on civic engagement. He has received the Professional Service/Leadership Award and the Spirit of York County Awards.

Zach Detwiler is an NSCA-certified personal trainer, certified holistic lifestyle coach, and owner of Thrive Fitness. With more than 14 years of experience helping hundreds of clients achieve their health, fitness, and wellness goals, Detwiler brings practical strategies to every session. He currently serves clients in-home, outdoors, at the gym, and virtually, and is pursuing a degree in astrophysics at Franklin & Marshall College in Lancaster.

Ellen Ehlenbeck is a working artist with a BFA in painting from Penn State and a master's in graphic design from Savannah College of Art and Design. She retired after careers as both a graphic designer and a design instructor at HACC. She is active in the local art scene, passionate about modern art history, and an enthusiastic supporter of downtown York.

Michael Flannelly is the President Judge for the York County Court of Common Pleas. He presides over juvenile matters, custody cases, and protection from abuse cases in addition to his administrative duties.

Danielle (Del) Franz is the director of the York County Court Appointed Special Advocates (CASA) program. She became a York County resident after graduating from YCP in 1994. Franz has served children in roles as a Big Brothers Big Sisters caseworker and volunteer, substitute teacher, children's ministry facilitator, and mental health case management supervisor. Spending time with her husband, two adult children, and two dogs is most valuable to her.

Pam Gay recently retired as York County's elected coroner after 12 years. During her term, her team and she faced a significant increase in accidental drug deaths, most due to heroin and fentanyl. Gay partnered with the District Attorney's Office to form a task force, now known as the York Opioid Collaborative, which works with multiple local organizations to educate, raise awareness, and help prevent deaths due to opioid use disorder.

Lawrence Golan is the music director of the York Symphony Orchestra, known for imaginative programming, vibrant performances, and a deep commitment to making orchestral music accessible. Since 2014-15, he has led compelling masterworks, pops, and educational concerts that engage audiences of all ages across York County. He conducts the Denver Philharmonic, Yakima Symphony, Lamont Symphony, and Opera Theatre at the University of Denver.

Lisa Gunnet spent 31 years as a librarian in public education from kindergarten through college, missing only the ninth grade. While her 20 years teaching elementary school were certainly the most strenuous, they fostered a deep and abiding appreciation for children's literature.

Dr. Adam Harcourt, owner of Imagine X Functional Neurology in York, Pennsylvania, is a board-certified functional neurology specialist focused on treating migraines and concussions through a root-cause, whole-person approach that draws patients from around the globe. A graduate of Life Chiropractic College West and the Carrick Institute, he also serves as a professor of clinical neurology, author and creator of *Mastering Migraine*, a published researcher, and an active community volunteer.

Randy Harris is a Pennsylvania native and currently a resident of Lancaster. His 40-year practice centers on community development projects, sustainable land use practices, and historic preservation initiatives. His work has focused on advocacy, concept planning, and related real estate developments to bring new uses to abandoned, underutilized properties. He specializes in researching and documenting Underground Railroad sites.

Jeri Jones has 48 years of experience in geology research and frequently leads groups on geology field trips. He has traveled throughout the country conducting trips and programs for all ages. Jones worked for York County Parks for 38 years before retiring in 2017. He previously taught at HACC-Gettysburg, York College of Pennsylvania, and Messiah University. He has authored five books, narrated a geologic education video series, and written numerous articles.

Jessica Kasiga is a two-time Returned Peace Corps Volunteer, former federal employee, and YCP's Director of Volunteer Engagement. She connects members of the YCP community to meaningful service opportunities throughout York County. When she is not at work, she enjoys spending time with her family and walking the rail trail!

Sean Kenny is executive director of Farm & Natural Lands Trust (FNLT) of York County, a non-profit organization preserving land through conservation easements. FNLT has over 200 properties in its preservation family, more than 16,000 acres (and growing) of farmland, woodlands, wetlands, and waterways. Kenny lives on an FNLT- preserved farm along the Heritage Rail Trail with his family and serves on several local boards.

Ted Knorr is a Negro League baseball historian with knowledge of York, Harrisburg, and Lancaster. He has been a member of the Society for American Baseball Research and its Negro League committee since 1979. His focus is on the Hall of Fame.

Jeff Kuhn was born in York, PA, and still lives in York County, along the Susquehanna River. He taught biology and ecology for 25 years at York Suburban High School and environmental science as an adjunct at Penn State York for six years. Kuhn holds a Ph.D. in ecology from Penn State. Each year, he spends two months on the road gathering material for more LLI courses, focusing mostly on natural history and American Indian culture.

Lauren Little is half of the health and wellness department of YCAAA. She also promotes health and wellness for older adults through classes on fall prevention, diabetes, and chronic pain self-management. Little oversees scheduling of fall prevention classes and attends community events. She contributes to the Falls Free Coalition of York County, Diabetes Coalition of York County, and Dementia Friendly America.

Kara Lovehart is a holistic health educator, licensed massage therapist and educator, mind-body practitioner, and owner of Firefly Hollow Wellness in York, PA. With decades of experience, she integrates bodywork, nervous system and somatic practices, yoga, energy medicine, meditation, and mind-body wellness. She also teaches continuing education and hosts the MindBody Detox podcast.

Reading has always been a passion for **Alice Lynch**. From Nancy Drew to Louise Penny, books are a constant companion. Her goal for the book club courses is to continue the tradition set by their founder, Pat McGrath, to challenge members to read something outside of their comfort zone and then join in a lively discussion with their peers.

Author **Michael Maloney** is a York County native with an interest in local history. He is a retired IT professional who lives in Red Lion with his wife Beth and their beagle. Maloney's first book, *Across the River: Murder at Accomac*, details the history of the ferry crossing and an infamous murder in 1881. His second, *Rattlesnake Colonel*, is a biography of Thomas Cresap that takes place on the Colonial frontiers of Pennsylvania, Maryland, and Virginia.

Jim McClure is a retired editor of the York Daily Record and has authored or co-authored nine books on York County history, the most recent, Never to be Forgotten.

Rev. Dr. Edward (Ed) McKinney is pastor of Stokesdale UMC near Greensboro, NC. He has taught adult studies in faith, history, and culture for 28 years. His 2025 mission journey to Armenia inspired this course, which explores ancient Christianity, hospitality, and resilience in a post-Soviet nation. McKinney received his Master's from Duke and his D. Min. from Hood Seminary. He and his wife, Sarah, have three children: boy-girl twins in college and one daughter at home.

Scott Mingus is a retired scientist and R&D director in the global pulp and paper industry. He has written 38 books on the Civil War, the Underground Railroad, and local railroad history. He and co-author Eric Wittenberg received the 2023 Bachelder-Coddington Award for the best new book on the Gettysburg Campaign. He and his wife, Debi, live in Manchester Township.

Known to many as The Movie Guy, **Richard (Rich) Santel** has been sharing his love of cinema with audiences for over a decade. He specializes in the 1930s and 1940s, fueled by a lifelong fascination with the Golden Age of Hollywood. Santel's sessions focus on the pure joy of the era's classic films, delivered with the insight of a true lifelong fan.

Connie Schmotzer has been gardening with native plants for 30 years and finds that there is always something new and exciting to learn. She is retired after 22 years as a consumer horticulture educator for Penn State Extension, where she taught ecological gardening. Prior to joining Penn State Extension, Schmotzer taught school in Williamsburg, VA, and worked as a naturalist with the National Park Service in Wyoming.

Michael Schmotzer is a Penn State Master Gardener, class of 2010, and has taken a number of classes on pruning trees. He has relevant experience, including knowing when to call in the experts.

Molly Snavely is the education coordinator for Raven Ridge Wildlife Center. She was born and raised in Lancaster County and has a degree in education from Millersville University. After college, Snavely sought new opportunities to work with youth and stumbled upon environmental education. She has traveled across the country to work in several states, learning all sorts of new skills along the way.

Christine (Chris) Staats has a B.S. in secondary mathematics education from Shippensburg University. She has been teaching high school-level mathematics for more than 40 years with joy in her heart. She loves watching films, learning new things, reading, listening to live music, playing pickleball, and being with her family. She hopes to bring more joy into the world through kindness.

Jim Staub retired from the IT field in 2018 after 35 years. His technical focus areas included application programming, database programming/administration, and security management. His business focus areas were warehousing, order picking/shipping, inventory control, and back-end web programming. Current interests include Qigong, spirituality in today's world, including meditation and breath-work, photography, and drag racing.

Mark Stewart is an author and historian who has written and edited more than 200 non-fiction books for the educational marketplace. A graduate of Duke University, he knew a bit more about Columbia than most newcomers to the Susquehanna Valley when he arrived in 2021, but only had an inkling of the intriguing history of the town and his own home when he moved here.

As an outreach economist and advisor, **Ryotaro Tashiro** speaks to various groups about the economic outlook and the Federal Reserve's functions. He avoids economic jargon so those without economic backgrounds can participate. Tashiro views these public interactions as two-way streets. He sees the importance of informing the public about what is happening with the economy and at the Fed, and also hearing what individuals are experiencing economically. Many of the research topics Tashiro pursued were inspired by conversations with the public and included his two main areas of focus: labor economics and demographics. Among his many contributions to the Bank, Tashiro is notably responsible for the Chamber of Commerce for Greater Philadelphia Economic Outlook Survey. Prior to joining the Bank in June 2016, he was a Bloomberg business analyst, where he researched equity data quality issues. Tashiro has a master's degree in economics from the University of Michigan–Ann Arbor and a bachelor's degree in economics from Kenyon College.

Barb Trout is an active lifelong learning participant. She is curious and loves to try new classes and tours. Trout serves on the curriculum committee for the YC-LLI.

Mika Troutman earned her Ph.D. in English education from the University of Maryland. With two decades of experience in higher education, she taught at York College of Pennsylvania, Loyola University Maryland in Baltimore, and Wesley College in Dover, Delaware, and most recently, taught at Stevenson University. Troutman has published her writing, including two textbooks on college-level writing. She now enjoys creative writing and reading.

Thomas Yingling spent his career in the machining industry, advancing from a tool and die maker to founding his own business. His business, TRY TEK Machine Works, Inc., designed and built equipment for sewer and water pipe rehabilitation using trenchless technology that is used worldwide. In retirement, he served as president of the Codorus Valley Area Historical Society located in Jefferson, York County.



ADVANTAGES OF MEMBERSHIP

Join a vibrant community of lifelong learners and enjoy exclusive perks, including:

Priority Registration: Secure your spot in popular courses with a two-week advance registration window.

Preferential Pricing: Enjoy exclusive discounted member rates.

Exclusive Excursions: Access private, members-only tours of local sites and landmarks.

Spartan Spotlight: Learn from York College faculty who will integrate their active research and wide-ranging field experience into LLI courses.

Intergenerational Learning: Engage in collaborative learning experiences alongside York College students.

Campus Dining: Enjoy lunch for $10 at the West Campus Dining Hall, conveniently located just one floor above our classroom.*

YC-LLI Online Academy: Expand your learning with access to a dynamic online learning platform typically available only to YCP employees. For a small fee, members can pursue technical and professional development courses at their own pace.

Library Privileges: Enjoy borrowing access at the Schmidt Library with your own YCP library card.

LLI Clubs: Join member-led groups to dive deeper into hobbies and build lasting friendships.

Parking Convenience: Members will receive LLI Parking Passes that hang from your rearview mirror and are valid for two years.

Engagement: Access unique events and networking opportunities tailored for meaningful connection with fellow members.

Member-Only Invitations: Enjoy invitations to a diverse array of York College programs and campus events not available to the general public.

Civic Engagement: Make a difference through a wide variety of volunteer opportunities.

Local Perks: 25% off tickets for any DreamWrights production.

*January-May and September-December when YCP students are in session. Check weekly e-newsletter for specific dates.







THE BIG PICTURE: MONTHLY OVERVIEW

January 2027				
Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
				1
4	5	6 **1:30-2:15 p.m.** Google Meet Virtual Course Training	7 **9:30-10:15 a.m.** Google Meet Virtual Course Training	8
11 **11 a.m.-12:30 p.m.** The Internet: What, Why, and How? **1-3:30 p.m.** Hollywood Classics: *Rope*	12 **11 a.m.-12:30 p.m.** Setting and Sticking to Your Goals **1-3:30 p.m.** Happy Films: *About Time*	13 **9-10:30 a.m.** The Mind-Body Connection **11 a.m.-12:30 p.m.** History of Codorus Valley **1-2:30 p.m.** Journey Out of Grief **3-4 p.m.** Spartan Volunteer Network-Learn How to Get Started	14 **11 a.m.-12:30 p.m.** Traveling Great Britain and the British Isles **1-2:30 p.m.** My How She's Changed! The Metamorphosis of Women in Modern Art	15
18 *Campus Closed: MLK Day*	19 **11 a.m.-12:30 p.m.** Book Club: *Theo of Golden* **1-5 p.m.** Special Request Movie: *The Two Towers: Lord of the Rings Part 2*	20 **11 a.m.-12:30 p.m.** The Battle of Little Bighorn **1-2:30 p.m.** Journey Out of Grief **3-4:30 p.m.** Choose Happiness	21 **9-10:30 a.m.** Cannabis as Medicine **11 a.m.-12:30 p.m.** 300 Years of Columbia History **1-2:30 p.m.** Negro League Baseball in York	22
25 **11 a.m.-12:30 p.m.** Gender and Communication **1-3:30 p.m.** Hollywood Classics: *Kind Hearts and Coronets*	26 **11 a.m.-12:30 p.m.** How to Identify Rocks and Minerals **1-3:30 p.m.** Happy Films: *Chef*	27 **11 a.m.-12:30 p.m.** The Battle of Little Bighorn **1-2:30 p.m.** History of the Opioid Epidemic in York County **3-4:30 p.m.** York County Court System	28	29
Walking: Check the e-newsletter for schedule details.	**Arts and Theatre Enthusiasts (ATE):** Check the e-newsletter for schedule details. **Craft:** Tuesdays 10 a.m.-12 p.m.	**Bridge:** Wednesdays, 1-3 p.m. **Radio Broadcasting:** Wednesdays 1-2 p.m. **Writing:** 1st and 3rd Wednesday of month, 9-10:30 a.m.	**Bocce:** Thursdays, 10 a.m.-12 p.m. **Games:** Thursdays, 1-3 p.m.	**Mahjong:** Fridays, 10 a.m.-12 p.m. **Canasta:** Fridays, 1-3 p.m. *Not all Clubs meet weekly, check the e-newsletter for updated dates and times

CLUB MEETINGS

February 2027

Monday	Tuesday	Wednesday	Thursday	Friday
1 **11 a.m.-12 p.m.** Become a Course Assistant! **1-3:30 p.m.** Hollywood Classics: *Detective Story*	2 **11 a.m.-12:30 p.m.** Roots of the Underground Railroad **1-2:30 p.m.** Roles and Functions of the Federal Reserve **3-4:30 p.m.** Court Appointed Special Advocates	3 **Online** **11 a.m.-12:30 p.m.** Journey to Armenia: At The Crossroads of East and West	4	5
8	9 **11 a.m.-12:30 p.m.** York County Area Agency on Aging Services **1-3:30 p.m.** Hollywood Classics: *Dancing Lady*	10 **9-10:30 a.m.** Scott Mingus and Jim McClure Talk Civil War **11 a.m.-12:30 p.m.** The Care and Pruning of Trees in a Small Yard **1-3:30 p.m.** Happy Films: *Babe*	11 **1-2:30 p.m.** The Three Treasures: Lens of Qigong	12 **11 a.m.-12:30 p.m.** "Infinite Variety": Shakespeare's Perspectives on Love
15 **11 a.m.-12:30 p.m.** Book Club: *Project Hail Mary* **1-3:30 p.m.** Hollywood Classics: *Love Me or Leave Me*	16 **11 a.m.-12:30 p.m.** From ... To: The Prepositional Paradox of Legacy and Transition **1-2:30 p.m.** Not Just a Camera: Impressionism to Cubism **3-4:30 p.m.** Cognitive Improvement Strategies	17 **11 a.m.-12:30 p.m.** The Renaissance Caused Another Reformation **1-2:30 p.m.** The Underground Railroad in York County **3-4:30 p.m.** Community Wildlife Safety	18	19 **12:30-2 p.m.** Fridays with the Maestro: Beethoven's Heroes
22 **11 a.m.-12:30 p.m.** Meditation 101 **1-3:30 p.m.** Hollywood Classics: *The Damned Don't Cry*	23 **11 a.m.-12:30 p.m.** Thomas Cresap, An American Paradox **2-3:30 p.m.** The Importance of Land Preservation in York County	24 **11 a.m.-12:30 p.m.** Rain Gardens: Beautiful Gardens that Soak Up Rain Where It Falls **1-3:30 p.m.** Happy Films: *We Bought a Zoo*	25	26

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Walking: Check the e-newsletter for schedule details.	**Arts and Theatre Enthusiasts (ATE):** Check the e-newsletter for schedule details. **Craft:** Tuesdays 10 a.m.-12 p.m.	**Bridge:** Wednesdays, 1-3 p.m. **Radio Broadcasting:** Wednesdays 1-2 p.m. **Writing:** 1st and 3rd Wednesday of month, 9-10:30 a.m.	**Bocce:** Thursdays, 10 a.m.-12 p.m. (Will resume in spring) **Games:** Thursdays, 1-3 p.m.	**Mahjong:** Fridays, 10 a.m.-12 p.m. **Canasta:** Fridays, 1-3 p.m. *Not all Clubs meet weekly, check the e-newsletter for updated dates and times

York College Lifelong Learning Initiative

MAIL-IN REGISTRATION FORM

YORK COLLEGE OF PENNSYLVANIA
CENTER FOR COMMUNITY ENGAGEMENT
LIFELONG LEARNING INITIATIVE

Winter 2027 Registration Opens: Member December 7, 8 a.m. | **Nonmember** December 21, 12 p.m.

Name (Print)			
Address	City	State	Zip
Phone	Cell	Email	
Required for parking permit	Vehicle Make, Model, Year	Vehicle Color	License Plate Number

Course Title	Date(s)	Cost

Course Total	
☐ **YC-LLI Gifts Fund Donation**	
☐ **$50 Annual Membership**	
TOTAL	

Mail this form along with a check payable to:
York College Lifelong Learning Initiative
441 Country Club Rd, York, PA 17403

WAIVER OF LIABILITY AND INDEMNIFICATION AGREEMENT

I state and acknowledge that I am entering into this Release, Waiver of Liability and Indemnification Agreement (the "Agreement") with York College of Pennsylvania ("YCP") for the purpose of participating in the York College Lifelong Learning Initiative (YC-LLI) (the "Program".)

I hereby agree to defend and hold YCP, and any of its respective officers, agents, employees, and affiliates, harmless from and against any and all liability, claims, loss, damage, or cost (including, but not limited to reasonable attorney's fees) arising out of or related to my participation in the Program. This indemnity provision extends to any claims asserted against YCP based on any third party causes of action. The duty to indemnify will continue in full force and effect notwithstanding the conclusion of the Program.

I acknowledge my responsibility to adhere to all YCP policies during my time with the Program. Moreover, nothing in this Agreement is intended to waive any rights or responsibilities I may have under Title IX of the Educational Amendments Act, Title VI of the Civil Rights Act, the Americans with Disabilities Act, or any other similar state or local civil rights laws.

I consent to YCP to photograph, video record, or audio record me engaging in activities at the Program without expectation of compensation or other remuneration, now or in the future.

I hereby state that I am fully aware that I am waiving any right I may have to bring a legal action to assert a claim against YCP arising from any injury or damage incurred as a result of my participation in the Program.

Signature | Participant's Printed Name | Date